

The Creed

I believe in one God, Father Almighty, Creator of Heaven and Earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all ages;

Light of Light, true God of true God, begotten, not created, of one essence with the Father, through Whom all things were made.

Who for us men and for our salvation came down from Heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man.

He was crucified for us under Pontius Pilate, and suffered and was buried;

And He rose on the third day, according to the Scriptures.

And He ascended into Heaven, and is seated at the right hand of the Father; He will come again with glory to judge the living and the dead; His Kingdom shall have no end.

And in the Holy Spirit, the Lord, the Creator of Life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets.

In One, Holy, Catholic and Apostolic Church.

I confess one baptism for the forgiveness of sins.

I look for the resurrection of the dead,

And the life of the age to come. Amen

Prayer Before Communion

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first. I also believe

that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, in knowledge or in ignorance. And make me worthy, without condemnation, to partake of Your pure mysteries for the remission of sins and for eternal life. Amen.

*Behold, I approach for Divine Communion.
O Maker, burn me not as I partake,
For You are fire consuming the unworthy.
But cleanse me from every stain.*

O Son of God, receive me today as a partaker of Your Mystical Supper. For I will not speak of the Mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: remember me, Lord, in Your Kingdom.

*Tremble, O man, as you behold the Divine Blood.
It is a burning coal that sears the unworthy.
The Body of God both deifies and nourishes me:
It deifies the Spirit and wondrously nourishes the mind.*

You have smitten me with yearning, O Christ, and by Your Divine Eros You have changed me. But burn up with spiritual fire my sins, and grant me to be filled with delight in You, so that, leaving for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I should dare to enter into the bridal chamber, my vesture will condemn me, since it is not a wedding garment; and being bound up, I shall be cast out by the Angels. Cleanse, O Lord, the filth of my soul, and save me, as You are the One Who loves mankind.

Master Who loves mankind, Lord Jesus Christ, my God, let not these Holy Gifts be to my judgment, because I am unworthy, but rather for the purification and sanctification of both soul and body and the pledge of the life and Kingdom to come. It is good for me to cleave unto God and to place in Him the hope of my salvation.

O Son of God, receive me today as a partaker of Your Mystical Supper. For I will not speak of the Mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: remember me, Lord, in Your Kingdom.